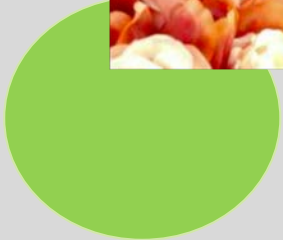




Unconscious Bias

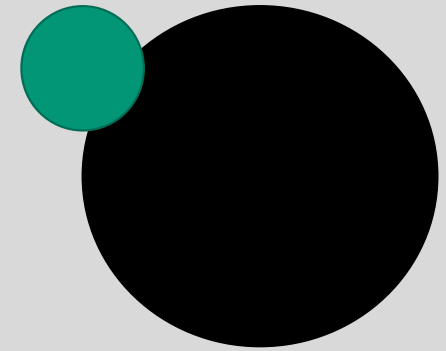
Becky Evan
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November 29, 2018



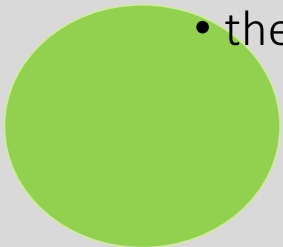
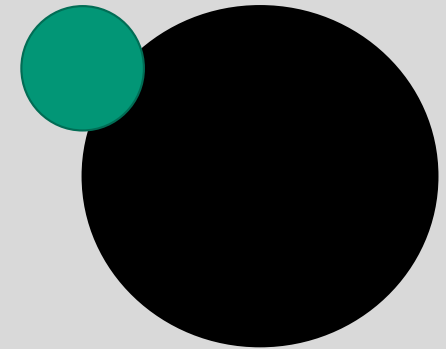
Video Introduction

<https://www.youtube.com/watch?v=JiTz2i4VHFw>



Fast Brain vs. Slow Brain

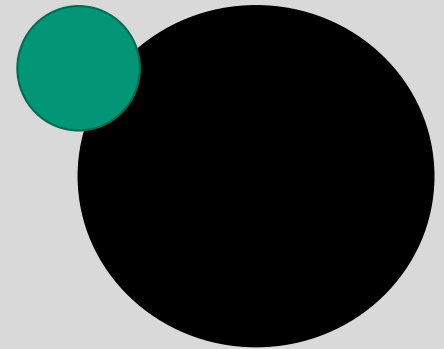
- **Bias**
 - prejudice in favor of or against one thing, person, or group
- **Stereotyping**
 - any thought widely adopted about specific types of individuals or certain ways of behaving intended to represent the entire group of those individuals or behaviors as a whole.
- **Discrimination**
 - the unjust or prejudicial treatment of different categories of people or things



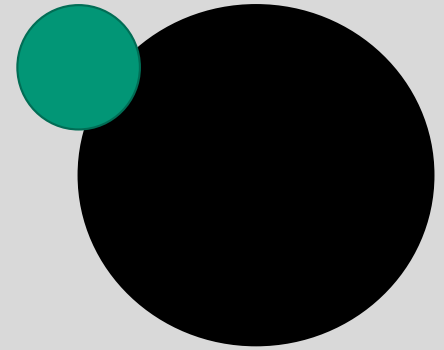


Fast Brain: Warmth and Competence Exercise

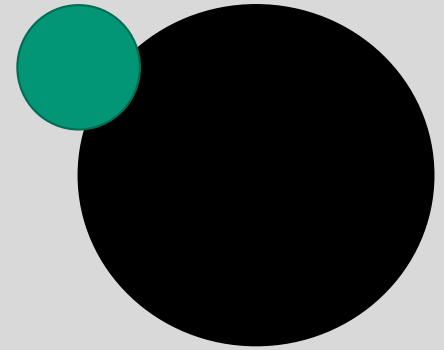
Miss America



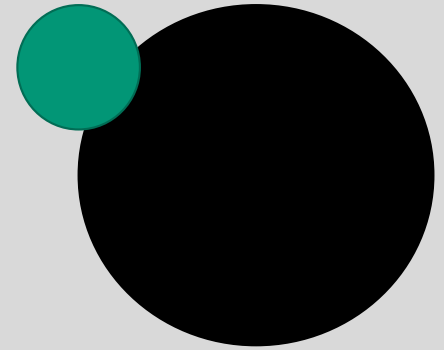
Police Officer



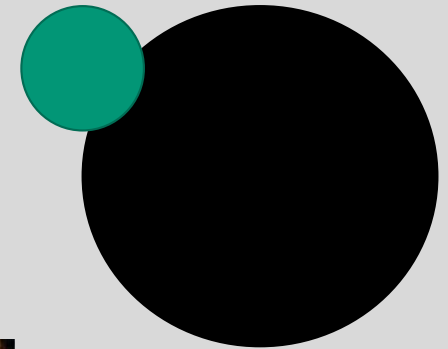
World Leader



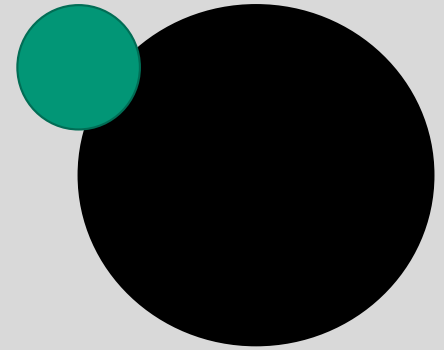
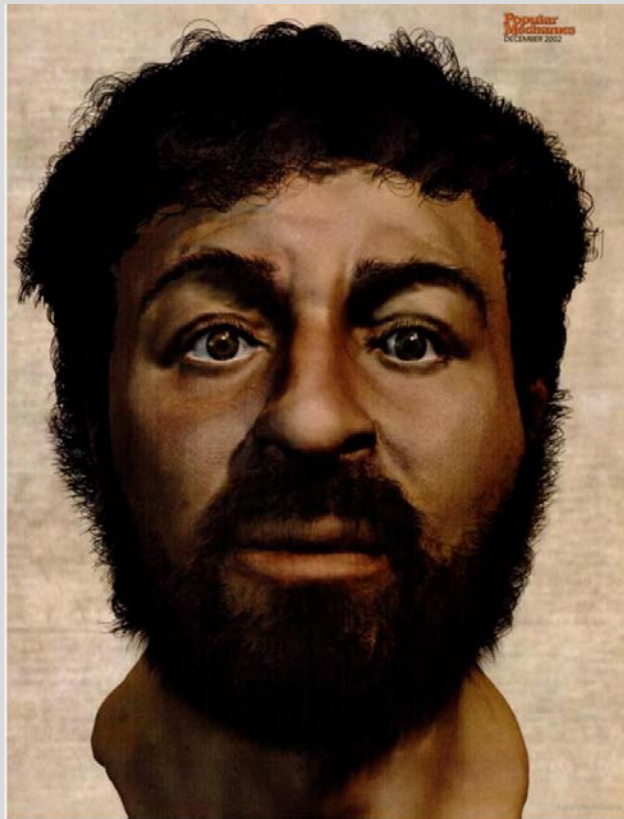
Famous Actress



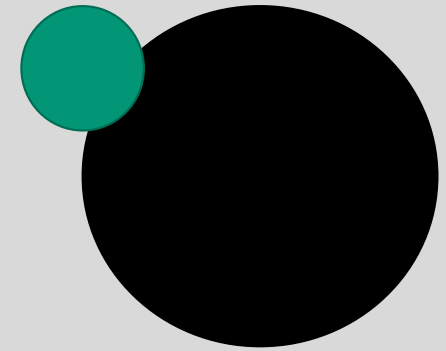
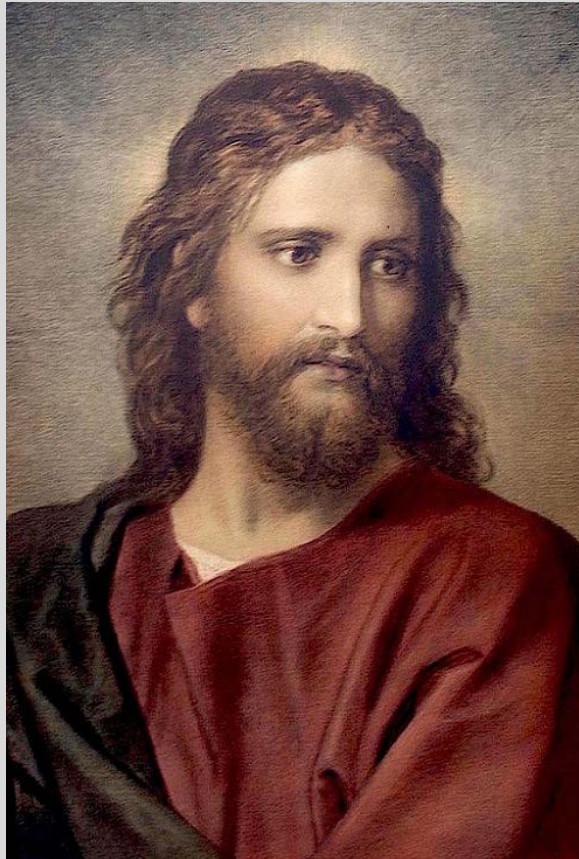
Religious Leader



Religious Leader

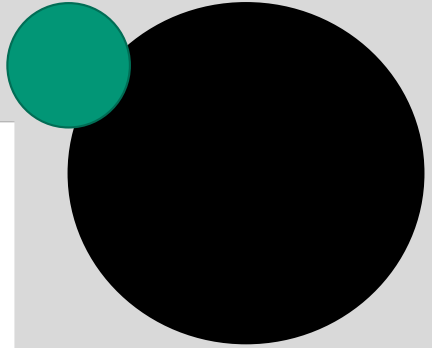
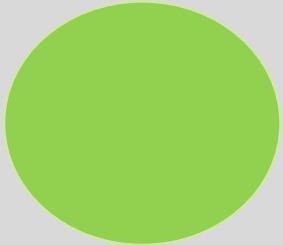
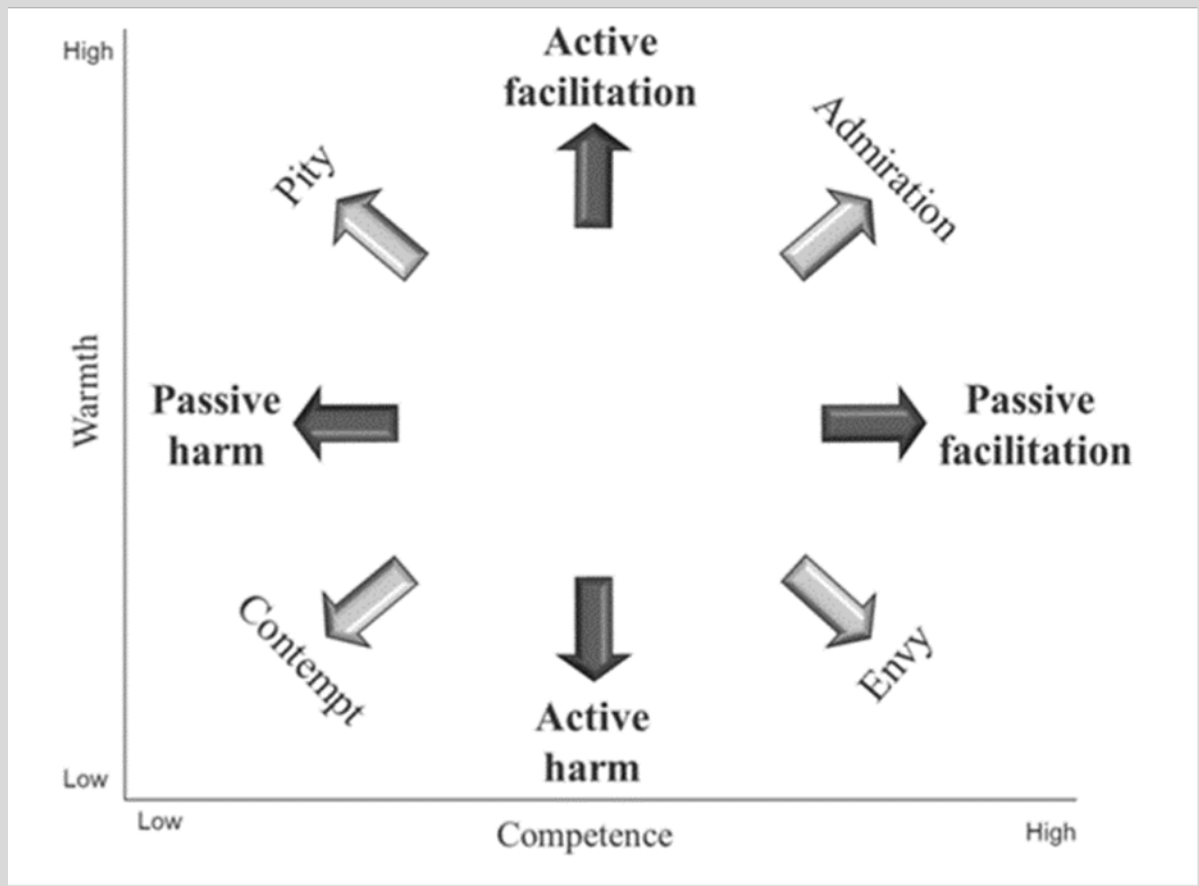


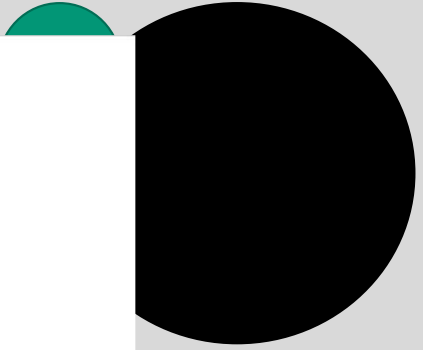
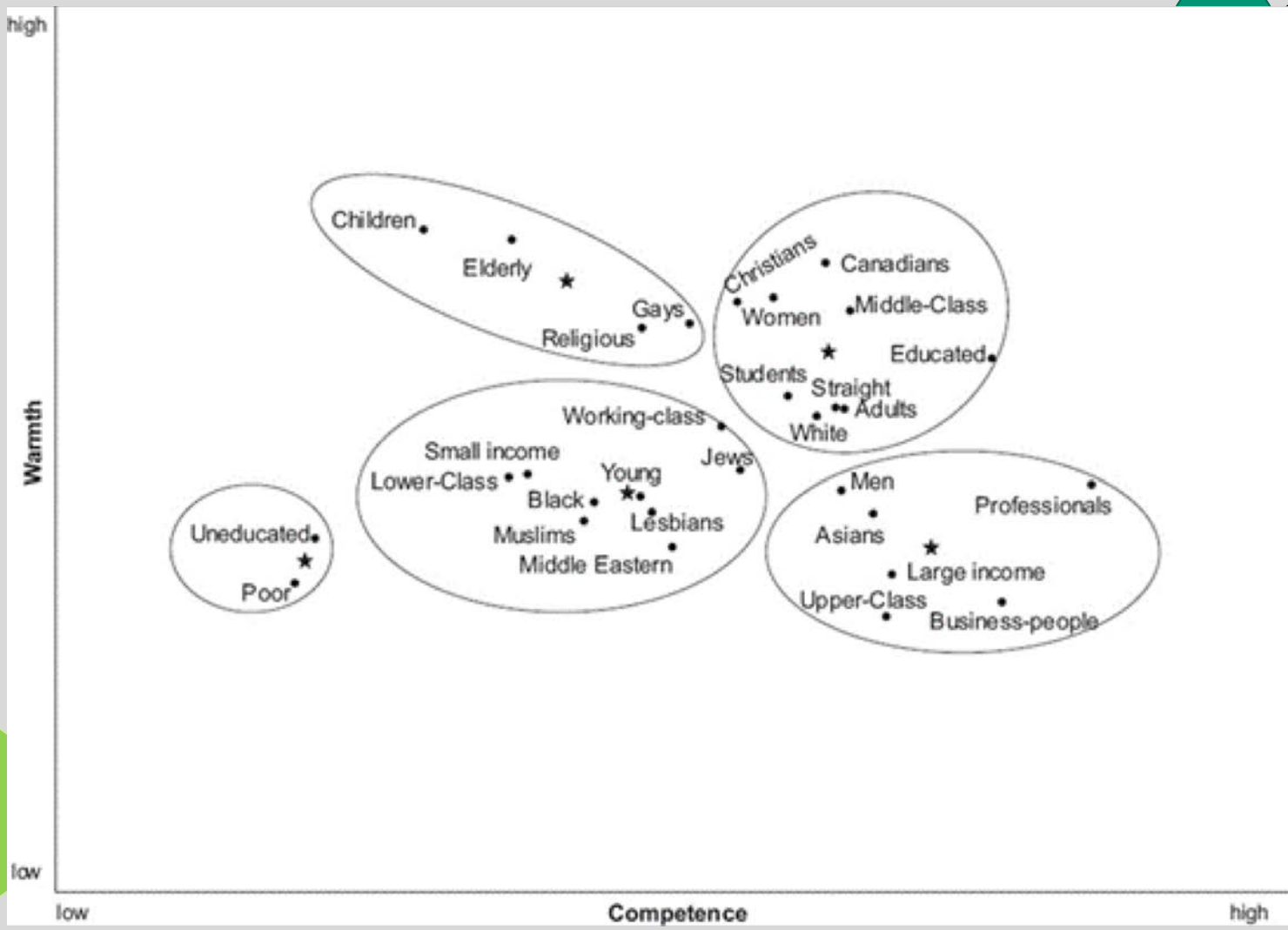
Religious Leader



Discussion

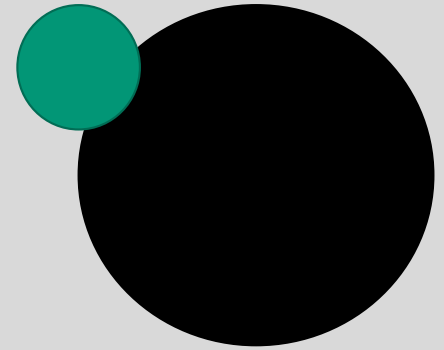
- What agreement in ratings did your table have with warmth/competency?
- Were there any differences in ratings based on people you recognized/know vs. strangers?
- How did your experience, or knowledge of, any people/categories impact your evaluation?





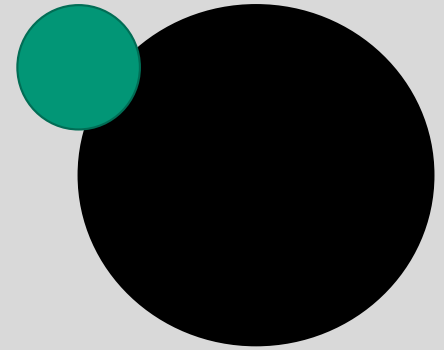
Discussion

- How might bias impact our personal relationships?
- How might bias impact our role as a volunteer?



Discussion

- What can we do?
- What action steps can we take?
- How do we navigate unconscious bias?



In Closing...

“Spirituality is recognizing and celebrating that we are all inextricably connected to each other by a power greater than all of us, and that our connection to that power and to one another is grounded in love and compassion. Practicing spirituality brings a sense of perspective, meaning, and purpose to our lives.”

Brene Brown, Gifts of Imperfection

