



DISCUSSION QUESTIONS – LEARNING COMMUNITY #2

What was the most revelatory or surprising thing you learned about early childhood brain development?

How does the science around brain development change the way you think about your own intellectual and emotional growth and capabilities?

What areas of the subject would you like learn more about?

What do you imagine stress manifests itself at home for parents and children living in poverty?

What are the main differences between positive stress, tolerable stress, and toxic stress?

Did the presentation change the way you think about a person’s “resilience”?

In what ways do you imagine or hope volunteers and volunteer programs can help relieve stress for families and children?

(Optional) Questions for Faith Groups:

Did anything in the video or in our discussion thus far resonate with you as it relates to our faith tradition?

What does our faith tradition say about child development? What are your thoughts on how the science of brain development fits in with our faith?

What does the information presented here call us to do?